

Tune in to an exotic mix of culture and cuisine

Anyone passionate about travel or food are in for a gastronomical and cultural delight at the end of August with the launch of a fabulous new prime-time TV food and travel show – ***Sophie Grigson in Jordan*** - which is set to be a hit with both foodies and explorers across the world.



Best-selling cookery writer and TV celebrity chef Sophie Grigson, has joined forces with Hanan Samara, founder of Terra Rossa Jordan Ltd, to spice up your Tuesday evenings as they discover the Hashemite kingdom of Jordan – a country which is steeped in history, forming part of the Levant green crescent of the Middle East.

Hanan, who is an Iraqi-born British Palestinian, guides Sophie as they travel the length and breadth of Jordan meeting local people, tasting traditional cuisine and learning about the country's fascinating culture. This new series is guaranteed to become a firm date in your diary for the entire eight episodes, not only opening your eyes to the numerous incredibly interesting and historical landmarks that Jordan has to offer, but also the exotic flavours of traditional Middle Eastern recipes which have been passed down from generation to generation.

If the Rose-Red City of Petra, the river Jordan where Jesus was baptised, lush green mountains of Ajlun or Mount Nebo, where Moses first gazed on the Promised Land aren't enough to take your breath away, then the sight of the mouth-watering national dish is guaranteed to get your taste buds racing.

Discover the art of Zerb underground Bedouin cooking in the desert and also Mansaf - the national dish based on lamb cooked with Jameed yoghurt, herbs and spice and served on a bed of rice mounted on bread; or the diverse street food of Amman from Falafel to saheb. Over the weeks you will be spoiled with a myriad of delicious recipes based on a Mediterranean diet prepared with olive oil and a variety of fresh locally grown produce with lamb, chicken or fish prepared and shared as part of a Mezze. Traditionally enjoyed as a family or social occasion, these banquets can contain anything from five to 50 dishes including Taboula, Baba Ghanoush, Kibbeh, Houmous, Lebny, Foul Mudames, and Manaqesh – plus many, many more.

The first episode of ***Sophie Grigson in Jordan*** will be aired in the UK on The Travel Channel on Sky 251 on Tuesday 28th August at 7.30pm and across the rest of Europe and the Middle East on Monday 13th August.

Ends

Notes to editors: A snapshot this new TV show can be viewed at: www.rampagestudio.co.uk

For more information or to arrange an interview with Hanan Samara (who divides her time between the UK, Jordan and Palestine and is happy to share her experiences not only of the new show, but the culture and cuisine of her native land) please contact Christine Scippo at: info@k-communications.co.uk or call 07841 404340.